

Calendar of Healthy Events September 2015



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday
	1 Toddler Tuesday Wanneroo Museum 9.30am-10.30am (First Tuesday of every month)	2	3 It's All About Play Banksia Grove Community Centre 9.30 -11.30am (weekly during school term)	4 Tai Chi Hainsworth Centre, Girrawheen 9.00am to 10.00am (weekly)	5/6
7 Forever Fit Hainsworth Centre, Girrawheen 9.00am-10.00am (weekly) Foundations Fitness Hainsworth Centre, Girrawheen 10.30am-11.30am (weekly)	8 Foundations Fitness Two Rocks 9.30 -10.30am (weekly) Forever Fit Two Rocks 11.00am-12.00pm (weekly)	9 Forever Fit Hainsworth Centre, Girrawheen 9.00am-10.00am (weekly) Foundations Fitness Hainsworth Centre, Girrawheen 10.30am-11.30am (weekly)	10	11 Foundations Fitness Two Rocks 9.30-10.30am (weekly) Forever Fit Two Rocks 11.00-12.00pm (weekly) It's All About Play Wanneroo Library 9.30 -11.30am (every week)	12/13 Guided Bush Walk Marangaroo Conservation Reserve 9.00am to 10.30am Meet at the gate on Decourcey way, Marangaroo
14 Art Classes Hainsworth Centre, Girrawheen 10.30am (weekly)	15 North Coastal Women's Shed Walking Group Merriwa 9.30am (weekly)	16 Guided Wildflower Walk Alvarez Park 10.00am to 11.30am Meet at the gate on Waldburg Drive	17 Jindalee Walking Group 8.30am (weekly)	18 Hiday Striders Walking Group Madeley 5.30pm (weekly)	19/20 Two Rocks Walking Group Neptune's Cafe, 8.00am Saturdays (weekly)
21	22 Konga Hainsworth Community Centre 6.15pm to 7.15pm (weekly)	23	24	25 Yoga Hainsworth Community Centre, Girrawheen 10.30am to 11.30am (weekly)	26/27

To find out more about any of these events or to book a place visit
www.wanneroo.wa.gov.au or call 9405 5000