



#### **Endorsements**

Aquamotion Swim School is a Royal Life Saving Society Endorsed Swim School and AUSTSWIM endorsed at Gold Tier. We are also Swim Australia accredited and a member of the Australian Swim Schools Association.

#### **Awards**

Wanneroo Aquamotion has been awarded the Best Swim School (nationally) for Staff Development/Team Building in 2016 by Swim Australia. We have also been awarded the AUSTSWIM WA Recognised Swim Centre of 2016 and 2012. These awards recognise the outstanding quality of the Wanneroo Aquamotion Swim School within the Learn to Swim industry.

### Why we run a Term Program

Wanneroo Aquamotion runs classes on a term basis with enrolments closing at the end of week 3 of each term. While there is a growing trend in the industry to run continual programs, we choose to maintain the quality and structure we have always been proud of.

A continual program is convenient in being able to start and change your class at any time, but unfortunately this same convenience is available to everybody else too. This means each week your child can have different swimmers in their class, taking up valuable time of the instructor to assess their current capabilities and how best to progress, especially if not all swimmers are up to the same skill.

Having a term based program with an enrolment cut-off means that our instructors can not only build a rapport with your child, but also plan their lessons in advance to ensure a clear progression from week to week and being able to follow on from the previous week's teaching points in a far more effective manner.

#### **Instructor Qualifications**

All of our instructors hold as minimum requirements;

- AUSTSWIM Teacher of Swimming and Water Safety
- Resuscitation or CPR
- Working With Children Checks

Instructors within our heated program pool are also required to hold a Senior First Aid. Many hold their Bronze Medallion and their Teacher of Infants and Preschoolers qualifications if teaching in specialised areas.

We also have lifeguards on pool deck at all times to ensure the safety of you and your family.

#### **Facilities**

Wanneroo Aquamotion offers the swim school use of several heated pools for various classes. We have use of a 32-34 degree heated program pool for Aquababy and most of our preschool classes, the main indoor leisure pool for some preschool and mainstream classes, as well as use of the indoor 25m lap pool and outdoor pool for higher level classes and assessments.

The pools are heated to 28 degrees Celsius (except the heated program pool) and all run on a UV filtration system so the water is as comfortable on skin as possible.

There is a café and children's outdoor splash pad available for use so you can keep the whole family entertained. Your class enrolment entitles the swimmer to use of the pool before and after their lesson and also spectator entry. Children under the age of 5 need to be supervised at all times which means that their designated spectator is also allowed use of the pool.

Aquamotion also provides a crèche that can be used whilst you and/or your child are using the facilities. Please be aware that the crèche is open until 12 noon Monday to Friday so please take this into account when booking a time slot. If you wish to utilise this facility, bookings must be made with the crèche also.

#### **Credits**

All of our swimmers are entitled to up to 3 credits per term for lessons missed due to illness. A medical certificate or alternate documentation is required. These credited lessons are deducted off your following enrolment.



# **Programs**

Wanneroo Aquamotion Swim School has a program for just about everyone! Family discounts do apply.



# Aquababies (6 months to 2 and a half years, 30 minutes. 6-8 participants)

There are four age based Aquababies levels. These classes require a parent in the water at all times. You will be teaching your baby to enjoy the water and to develop instinctive survival skills through a range of songs and games and the use of aquatic toys. Children are required to wear a swim nappy at all times and this is not negotiable. Parents are encouraged to wear a T-Shirt as we teach babies to hold on to their parent for safety.



# **Tadpoles/Toddlers** (2 and a half to 3 years, 30 minutes. 4 participants)

These classes are structured to gradually boost your child's confidence in their swimming so that they no longer need you in the water with them. In Tadpoles 1, a parent/guardian is required in the water with each child while we nurture their independence. In Tadpoles 2 parent/guardian participation is required until your instructor feels that your child is happy to swim independently.



# Frogs (3 to 5 years, 30 minutes. 4 participants)

Frogs is a preschool program for children aged between the ages of 3 and 5. There are four levels of Frogs designed to teach water familiarisation and survival skills, through to freestyle breathing and blowing, breaststroke kick and backstroke, transitioning into the school age levels.



# School Age Program (5+ years, 30-60 minutes. 4-8 participants)

Our school age program covers levels 1-15 of the Royal Life Swim and Survive program and is for students 5 years and over. As they progress through the levels they will learn not only swimming strokes, but also survival skills, rescues and resuscitation skills. The program includes safety weeks requiring students to wear additional clothing as outlined by their instructor to simulate survival scenarios. These levels mostly correspond to Education Department School Swimming.



#### Junior Lifeguard Club (8+ years, Mon + Wed 6-7pm. Stage 11+ only)

The Junior Lifeguard Club provides opportunities for children to keep interested and active in aquatics, especially quick learners and those caught between levels and programs. It's a fantastic opportunity to further develop swimming skills at the same time as developing new and challenging lifesaving skills.

The best description of the Junior Lifeguard Club is serious fun! There's a serious purpose behind the program. Kids learn skills that could one day save a life.



### Dolphin Program (1:1, 2:1, 4:1 as per individual needs 30 minutes)

The Dolphin Swim Program has been created for people with a wide range of special needs and all teachers in this program have been trained accordingly and have a passion for helping people with special needs. Students are booked into a class that suits their needs and overseen by the coordinator continuously to overcome any issues they may be having. As our Dolphin program is unique, lesson space is limited and highly sought after. Our program does promote water awareness, but the main focuses are on teaching the students to swim independently and self-esteem.

# Adult Lessons (16+ years, 30 minutes, Tuesday and Saturday mornings. 4-5 participants) There are 3 levels of Adult lessons available;

- Beginner: Covers stages 1-3 of the school age program (Water familiarisation, basic freestyle breathing and blowing, backstroke kick, breaststroke kick
- Intermediate: Covers stages 4-6 of the school age program (Freestyle, Backstroke, Breaststroke, Survival Backstroke)
- Stroke Development: Covers stages 7 and up of the school age program (Distance swimming, drills, sidestroke)

# M.A.T.E<sup>TM</sup> (16+ years, Saturday 3-4:30pm)

Any adult who does not receive regular aquatic exercise due to a medical condition and/or disability. Carers are free and encouraged to participate. Use of specialised equipment and guided exercises facilitated by experienced instructors within the heated program pool. Complimentary tea/coffee and biscuits are provided for a social finale each week.



# **Enrolling**

New enrolments for the following term can be lodged from week 8 of each term to be processed at the commencement of week 10. To receive the enrolment form and timetable via email at this time, we have a mailing list available at that your details can be put on by calling the centre. Enrolments officially open 9am on the Tuesday of week 10 and close at the end of week 3 of each term.

#### Location

19 Civic Drive, Wanneroo.

Behind Wanneroo Central Shopping Centre and next to the Limelight Theatre. Our entry is off Civic Drive with parking in front of the building. There is disabled parking available as well as bike racks and a bus stop.



- 9405 5999
- 9206 2531
- 1 http://www.wanneroo.wa.gov.au/aquamotionswimschool
- ☑ WannerooAquamotion@wanneroo.wa.gov.au

# **Fees**Term fees are based on weekly lesson fee as follows:

Aquababies (6 months – 2 and a half years)	\$12.50*
Toddlers (2 and a half – 3 years)	\$15.30*
Frogs (3-5 years)	\$15.30*
School Age (5+ years)	\$15.30*
Junior Lifeguard Club	\$21.00*
M.A.T.E <sup>™</sup>	\$5.80*
Dolphin 1:1 (special needs)	\$15.30*
Dolphin 2:1 (special needs)	\$20.90*
Dolphin 4:1 (special needs)	\$26.50*

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1 <sup>st</sup> Family Member	Full price
2 <sup>nd</sup> Family Member	10% discount
3 <sup>rd</sup> Family Member	15% discount
4 <sup>th</sup> Family Member (plus)	20% discount

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The full term fee is required at the time of enrolment. Most terms are 10 weeks, but public holidays can affect this as lessons do not run on these days, so fees are not charged for public holidays.

<sup>\*</sup>Prices effective July 2016, subject to change July 2017.