

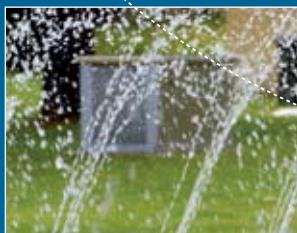


City of
Wanneroo

WANNEROO AQUAMOTION CENTRE INFORMATION



CITY OF WANNEROO AQUAMOTION IS A FAMILY-FRIENDLY FITNESS AND LEISURE CENTRE. REFURBISHED AND RE-OPENED IN 2009, IT OFFERS A STATE-OF-THE-ART GYM, GROUP FITNESS AREA AND EXTENSIVE AQUATIC FACILITIES.



GYM

Large, air-conditioned gym floor, incorporating state-of-the-art cardiovascular equipment such as treadmills, bikes, rowing machines and cross trainers, as well as weight machines and free weights.

GROUP FITNESS

For all fitness levels and is a fun and effective way of maintaining your health and fitness. 'Les Mills' and freestyle classes available. **Please take a copy of the latest group fitness timetable from reception.**

Choose from Body Pump, Body Step, Body Combat and Body Balance. Classes run daily.

AQUATICS

Located inside Wanneroo Aquamotion are state-of-the-art aquatic facilities, providing a range of options for both fitness and leisure.

25m LAP POOL

Indoor heated and ranging in depth from 1m to 1.2m and heated to 28 degrees Celsius. Available for:

- Lap swimming
- Walking lanes
- Swimming carnivals
- Training
- Aqua fitness classes

LEISURE POOL

Indoor heated pool including three unique water features and beach-style entry ranging from 0.2m to 0.8m.

DEEP POOL

Outdoor 1.8m deep and heated all year round. Available for:

- Leisure swimming
- Scuba divers
- Swim school examinations
- Deep water aquarobics

CHILDREN'S SPLASH PAD

Outdoor, heated all year round and covered with shade cloth, the splash pad features several water features which will keep the children amused for hours.

SAUNA AND SPA

For post workout relaxation enjoy the separate spa and sauna.

HYDROTHERAPY POOL

Hydrotherapy suite is separate from the main aquatic centre. Measuring 5 x 8 metres excluding ramp entry, 0.9m to 1.4m deep and heated to 34 degrees Celsius.

Designed for easy access and suitable for rehabilitation and physiotherapy. Fitted with a graded ramp with handrails and hydraulic hoist for disability access.

CRÈCHE

Modern facilities with caring and friendly staff will provide you with peace-of-mind while you work out.

Open Monday to Friday, 9am-12noon, the crèche is equipped with everything needed for lots of fun for babies aged eight weeks and kids up to five years-of-age.

CAFÉ

Enjoy a post workout refreshment.

WANNEROO AQUAMOTION



“The City of Wanneroo is committed to improving community facilities to meet the needs of residents.

The \$13 million City of Wanneroo Aquamotion has been transformed into a first-class, state-of-the-art fitness and leisure centre and is just one of many initiatives that comprise the Wanneroo Town Centre Revitalisation Project.

I hope it brings you, your family and friends great enjoyment.”

Jon Kelly, MAYOR

