

Autumn 2015|16

You will need to register as a GOLD member to participate in any activities. Contact the City anytime on 9405 5000 or programs@wanneroo.wa.gov.au to join. Once you are a member you will receive each new program by email when it is available.

BOOKING PROCESS

- **CITY OF WANNEROO RESIDENTS** can call 9405 5000 anytime to register and receive a booking number which must be quoted on the attached registration form.
- **NOT A CITY RESIDENT?** You can call 9405 5000 after 18 March to book if places are available.

All applicants must obtain a booking number by phone prior to lodging their registration form and payment.

BOOKINGS ARE ESSENTIAL. PAYMENTS CANNOT BE TAKEN IF YOU HAVE NOT PHONED 9405 5000 TO OBTAIN A BOOKING NUMBER.

Payment must be made **WITHIN FIVE** days of booking to **SECURE** your place.

CANCELLATIONS: Refunds are only given if you cancel three full working days before the event, or if you have a medical certificate. Refunds will also be provided when activities have been cancelled due to weather or other factors. No credits will be given.

For more information or enquiries, please email programs@wanneroo.wa.gov.au or phone 9405 5000.

BUS PICK-UP LOCATIONS

Butler Community Centre (entrance on Connolly Dr)
55 Kingsbridge Boulevard, Butler WA 6036

Wanneroo Civic Centre

23 Dundobar Road, Wanneroo

Kingsway Indoor Stadium

130 Kingsway Road, Madeley



Other City of Wanneroo events this autumn

'REMEMBER WHEN' PHOTOS ON DISPLAY

See some of your fellow GOLD members both as they were and are today. FREE entry.

When **13 March - 2 April 2015 // 9am-5pm daily**

Where **Wanneroo Library and Cultural Centre**

SENIORS EXPO - LIVING WITH A NEW AGE

Special guest speaker Ann Zubrick will present an interactive discussion about living in a modern era.

When **19 March 2015 // 2pm-3.30pm**

Where **Wanneroo Civic Centre**

Cost **FREE - bookings Funded Services 9405 5000**

CLARKSON LIBRARY 10TH BIRTHDAY

Join us as we will be showcasing library services and welcoming local community groups.

When **21 March 2015 // 9am-3pm**

Where **Clarkson Library**

Cost **FREE - bookings not required**

LINE DANCING AT HAINSWORTH

When **Friday Mornings // 10am-11am**

Where **Hainsworth Community Centre**

Cost **\$3.50 / session, bookings via Community Links 9405 5000**

SENIORS WORKSHOP WITH JO FRANCO

Create a necklace out of recycled fabric.

When **Tuesday 14 April 2015 // 10am-2pm**

Where **Wanneroo Museum**

Cost **\$20, all materials provided bookings via the Museum 9405 5920**



23 Dundobar Road, Wanneroo, WA 6065

Locked Bag 1, Wanneroo, WA 6946

T : (08) 9405 5000 F : (08) 9405 5499

After Hours : 1300 13 83 93

E : enquiries@wanneroo.wa.gov.au

wanneroo.wa.gov.au

G.O.L.D

Growing Older Living Dangerously
AUTUMN 2015



BOOK ANYTIME
No specific booking days



Using computers and setting up email 1

Need to set up an email address but don't know how? Or want to find out more about using computers and the internet? Join us for a session with eFriend who will help you get started.

When **Tuesday 24 March 2015 // 9.30am-10.30am**

Where Wanneroo Library, Computer Room

Cost \$10

Meet at Wanneroo Library at 9.15am. A second session from 11am-12pm will be available if needed.

Reduce, Reuse, Recycle at Tamala Park 1


Have you ever wondered what happens to all our waste? We will have a guided tour of Tamala Park to find out more about the facilities and how you can do your bit to reduce waste. The tour incorporates the public recycling centre/tip shop, waste drop off/transfer station, landfill site, landfill gas power plant and education centre.

Morning tea provided. Wear closed in shoes.

When **Wednesday 1 April 2015 // 9am-11am**

Where Tamala Park

Cost \$6 per person

 8.15am Wanneroo Civic Centre
8.45am Butler Community Centre

Fitness in the Park Sessions 2

Come along to one of these sessions to learn how to use the fitness equipment in your local park and get a good workout at the same time. You might even meet some other GOLD members who want to start some regular fitness sessions in the park.

Wear comfortable clothing, a hat, closed in shoes and bring a water bottle.

When **Thursday 9 April 2015 // Various times**

Where Butterworth Park, Koondoola 9am-10am
Houghton Park, Carramar 11am-12pm
Cherokee Green, Clarkson 1.30pm-2.30pm

Cost FREE

Meet at the park 15 min before the session begins.

GOLD Quiz Night 1

It's on again! Grab your friends, your thinking caps and nibbles for a night of laughs, prizes and challenging questions. **BYO Nibbles and drinks.**

When **Thursday 30 April 2015 // 7pm-10pm**

Where The Gallery, Wanneroo Library and Cultural Centre

Cost \$6 per person

Meet at Wanneroo Library and Cultural Centre, 3 Rocca Way Wanneroo at 6.40pm. **DRINK RESPONSIBLY**

A Day at New Norcia 2

Join us on a 'behind closed doors' guided walking tour around the historical town of New Norcia. The local guides will weave the town's rich Monastic, Aboriginal and European heritage into a compelling narrative punctuated with insider anecdotes. We will also get to enjoy lunch in the beautiful New Norcia hotel.

Lunch provided. Bring water, a hat and closed in shoes. Light walking will be involved.

When **Tuesday 5 May 2015 // 10.30am-3.30pm**

Where New Norcia

Cost \$25 per person

 8.30am Butler Community Centre
9.00am City of Wanneroo Civic Centre

Food Sensations - Modifying recipes 1

Learn how to modify some of your favourite recipes to create healthy, delicious meals on a budget. This is a nutrition class and cooking session rolled into one.

When **Tuesday 12 May 2015 // 12.30pm-2.30pm**

Where Carramar Community Centre

Cost FREE

Meet at Carramar Community Centre at 12.15pm.

SEE REVERSE FOR OTHER GREAT ACTIVITIES

Level of difficulty 1 EASY 2 MEDIUM 3 DIFFICULT

Please fill out a **SEPARATE** form for each person.

GOLD Number	
Full Name	

Photography Consent YES NO

PAYMENT OPTIONS

IN PERSON

Bring this form with your payment to the City of Wanneroo Civic Centre, 23 Dundobar Road, Wanneroo or to Clarkson Library, 27 Ocean Keys Boulevard, Clarkson. (Please note Clarkson Library is unable to take payments on Saturdays.)

POSTAL

Send this form with your cheque / money order (made payable to the City of Wanneroo) or credit card payment to: **Locked Bag 1, Wanneroo WA 6946**

PHONE

Pay with your credit card over the phone on 9405 5000



Card No.

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Name on card	<input type="text"/>
Activity Total*	<input type="text"/>
Signature	<input type="text"/>

*Credit Card payments incur a surcharge @ 0.57% (including GST).

OFFICE USE ONLY	Date	<input type="text"/>
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Receipt Number	<input type="text"/>	